

**TO THE CHAIRMAN OF THE SCIENTIFIC JURY**

**OPINION**

in a competition for the scientific position "**ASSOCIATE PROFESSOR**"

**Scientific field: 1. Pedagogy**

**Professional direction 1.3 Pedagogy of teaching ...**

**Scientific specialty "Methodology of teaching physical education and sports"**

**SU "Bishop Konstantin Preslavski"**

**Department of "Theory and Methodology of Physical Education and Sports",**

**announced in SG, issue 64. from 03.08.2021**

Reviewer: Prof. Nadezhda Yordanova-Stoyanova, Doctor of Science

**1. COMPETITION DATA**

The announced competition is for an **associate professor** in the scientific specialty "Methodology of teaching physical education and sports" for the needs of **Shumen University "Bishop Konstantin Preslavski", Department of "Theory and Methodology of Physical Education and Sports", promulgated in SG No. 64 of 03.08. 2021.**

The only candidate participating in the competition is Ch. Assistant Professor Dr. Teodora Zhelyazkova Ignatova, who has a main employment contract in the Department of Theory and Methodology of Physical Education and Sports since 1999. The candidate meets the requirements of Article 24 of the ZRAS in the Republic of Bulgaria, the Regulations for its implementation and The Regulations of the University of Shumen "Bishop Konstantin Preslavski" on the terms and conditions for acquiring scientific degrees and holding academic positions.

**The competition procedure has been followed. I do not find violations.**

**2. DATA ON THE APPLICANT:**

Ch. Assistant Professor Dr. Teodora Zhelyazkova Ignatova was born in Shumen. She received her secondary education at the N. Vaptsarov Humanitarian High School, town of Shumen. She completed her higher education in 1989 at the G. Dimitrov VIF, Sofia, majoring in Physical Education and Sports Teacher and Coach.

**The more important moments in her professional development can be presented as follows:**

- ✓ **1984-1989** - graduated from higher education.
- ✓ **1989-1999** - works as a teacher of physical education and sports.
- ✓ **1999** - won a competition for a lecturer in the Department of TMFV and Sports at Sofia University
- ✓ **2010** - received ONS "Doctor" with the topic of dissertation "Methodology for the formation of psychophysical fitness in students for professional pedagogical activity"
- ✓ **1983-1886** - works as a rhythmic gymnastics coach

**Projects:** ch. Assistant Professor Dr. Teodora Zhelyazkova Ignatova participates in 14 University projects 3 international and 4 national .. JLS / 2008 / FRAG / AG / 124130-CE-0306237 / 00-05 - 2010 "Schools without discrimination" in partnership with the Institute of Rights of man - the Kingdom of Denmark, and in 2018. in International Project, Project: Equal Sport For All ", (ESFA), No: 579917-EPP-1-2016-2-EL-SPO-SCP, Erasmus +, for teaching purposes; National projects: 2010 "We invest in our future", 2008 "Human resources development and promotion of EU-funded employment "To succeed together", 2016 - Student internships.

*The professional development of the candidate for the academic position "ASSOCIATE PROFESSOR" has naturally moved in an ascending line. These efforts deserve my high praise.*

### **PERSONAL COMPETENCES:**

Ch. Assistant Professor Dr. Teodora Zhelyazkova Ignatova is fluent in writing and speaking at a very good level of Russian and good English. Her computer skills are also at a high level. She is correct, communicative and easily adapts to change.

### **3. DESCRIPTION OF SCIENTIFIC PAPERS**

The candidate for the academic position of "Associate Professor" has submitted a list of 32 titles in which she is an independent author or co-author. (1 monograph, 1 textbook, 3 teaching aids, 1 study and 26 articles in yearbooks and proceedings of scientific conferences). Most of them treat problems related to students' motor skills, training in gymnastics, rhythm

and dance, psychophysical fitness. The textbook and teaching aids are intended for students majoring in POFV. They can also be used by other students and teachers.

According to the scientometric criteria, the candidate has presented a monograph "Aerobics in higher education" in a volume of 134 pages, which examines the system of physical education and sports in higher education. She focuses on modular aerobics training. Builds a training model, the results of which she analyzes.

All papers in the list submitted by the candidate for the academic position of "Associate Professor" have been published.

A very good impression is made by the fact that almost all publications are directly related to the topic of the announced competition and are published in yearbooks, in proceedings of scientific conferences, which are reviewed before their publication.

The scientific research of the candidate for the academic position of "Associate Professor" is clearly outlined and can be concentrated in the following areas:

1. Theoretical and methodological problems of gymnastics education;
2. Theoretical and methodological problems related to the training of future teachers of physical education and sports.
3. Scientific production related to the university requirements for providing textbooks and teaching aids.

From the attached documents it is clear that the observed citations in the works of graduates, doctoral students and lecturers are 14 in number.

#### **4. SCIENTIFIC CONTRIBUTIONS**

In the research activity of Ch. Assistant Professor Dr. Teodora Zhelyazkova Ignatova, the following **main scientific contributions** stand out:

- The candidate has developed and implemented in practice an adapted system for control and evaluation of the results in the discipline Sport in Eurofit on the basis of the quantitative assessment of the physical capacity of the students. The development can be applied in other universities as well.
- Developed and tested the model Dances for people with special needs in connection with the International project: 579917-EPP-1-2016-2-EL-.SPO-SCS (ESPA). She participated in a team for optimization of the university-wide curriculum in the discipline FVS in its content and effectiveness.

## 5. TEACHING WORK

Ch. Assistant Professor Dr. Teodora Zhelyazkova Ignatova provides training for students majoring in "Pedagogy of Physical Education" at Shumen University in compulsory subjects Basic gymnastics, gymnastics and methodology, TPP, rhythmic and dance, sports management; Elective courses: Aerobics, Callanetics and stretching, Corrective gymnastics. She also teaches to students in the Master's degree - program "Physical Education and Sports at School" in the disciplines: Innovations in school sports - gymnastics, Modern and Contemporary Dances.

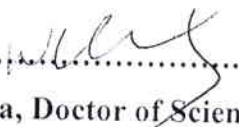
She is the leader of 2 successfully defended graduates, who have chosen issues related to physical education and sports.

I cannot fail to mention the contribution of my colleague Ignatova for the very good performance of the team of the University of Shumen in aerobics in the calendar of AUS "Academic".

## CONCLUSION

The presented by Ch. Assistant Professor Dr. Teodora Zhelyazkova Ignatova scientific papers meet the requirements for the academic position of "Associate Professor" in the competition. They contain sufficient and significant scientific-theoretical and scientific-applied contributions to pedagogical science. Given all this, as well as the thematic focus of the announced competition, I give my **positive assessment** and call on the members of the scientific jury to support Chief Assistant. Dr. Teodora Zhelyazkova Ignatova to take the academic position "**ASSOCIATE PROFESSOR**" in Methodology of Physical Education ", field of higher education 1. Pedagogy, professional field 1.3. Pedagogy of teaching ...

08.11.2021

Reviewer: .....  
Prof. N. Yordanova, Doctor of Science