

OPINION

by Assoc. Prof. Dr. Teodora Nikolaeva Simeonova
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Subject: evaluation of the documentation submitted in a competition for the academic position of "Associate Professor" of the University of Shumen "Bishop Konstantin Preslavski" in the field of higher education 1. Pedagogical sciences, professional field 1.3. Pedagogy of training in..., (Methodology of training in physical education and sports), candidate - chief assistant Dr. Teodora Zhelyazkova Ignatova.

In the competition announced in the State Gazette, issue 64 / 03.08.2021, for the needs of the Department of TMFV and Sports of the University of Shumen "Bishop Konstantin Preslavski", competition for associate professor in the field of higher education 1. Pedagogical sciences, professional field 1.3. Pedagogy of training in... (Methodology of training in physical education and sports), participates the only candidate - Chief Assistant Dr. Teodora Zhelyazkova Ignatova from the Department of TMFV and Sports at the Faculty of Pedagogy of the University of Shumen "Bishop Konstantin Preslavski". This opinion was prepared on the basis of Order № RD - 16 - 146 / 30.09.2021 of the Rector of the University of Shumen "Bishop Konstantin Preslavski" for a competition for "Associate Professor", announced in accordance with the requirements of the Law on the Development of Academic Staff in the Republic Bulgaria, the Regulations for application of the law for development of the academic staff in the Republic of Bulgaria and the Regulations for development of the academic staff at the University of Shumen "Bishop Konstantin Preslavski".

I. Professional biography of the candidate.

Teodora Zhelyazkova Ignatova was born in the town of Shumen. In 1989 she graduated from the National Sports Academy "Vasil Levski" - Sofia, majoring in "Physical Education", qualification "Rhythmic Gymnastics Coach and Physical Education Teacher" - Master. Her professional career is closely connected with the system of school and university education. She started as a coach in rhythmic gymnastics at the SFS "Shumen".

In the period from 1989. until 1999 is a teacher of physical education (Humanitarian High School "John the Exarch of Bulgaria" - Shumen. Teaching practice was followed by a permanent contract in 1999 at the University of Shumen "Bishop Konstantin Preslavski" as an assistant. From 2002 to 2007 she held the position of senior assistant, and from 2007 until now chief assistant.

For a dissertation on "Methodology for the formation of psychophysical readiness in students for professional pedagogical activity" on 19.01.2011 Teodora Ignatova was awarded the educational and scientific degree "Doctor", specialty "Theory and methodology of physical education and sports training (including methods of therapeutic exercise) " .

II. Scientific production and activity of the candidate:

The scientific production, presented by Chief Assistant Dr. Teodora Zhelyazkova Ignatova for participation in the competition, includes 28 scientific papers: 1 monograph, 1 study and 26 articles (in scientific journals, yearbooks and conference proceedings), citations - 14. All submitted publications are in the field of the announced competition. Criteria for a positive evaluation of the research activity of the candidate are her participation with reports in scientific conferences (national, with international participation). Participation in international scientific forums in Northern Macedonia is also a good testament in this regard. The materials submitted by the candidate under the competition are precisely documented and give in full the necessary information for fulfillment of the minimum national requirements under Art. 2 b, para. 2 and 3 of the Law on Higher Education "Associate Professor" in the field of higher education 1. Pedagogical sciences by indicators: a total of 443.33 points - with a minimum requirement of 400 points.

The provided scientific production is a certificate not only for the fulfillment of quantitative parameters, but also for the achievement of qualitative results in the research and scientific-applied activity of the candidate.

The monographic work "Aerobics in Higher Education" (2021, 136p., IM "Bishop K. Preslavski" Shumen, ISBN 978-619-201-505-5) impresses with a large-scale view of the state and development of physical education in university. The first chapter sheds light on the functions of physical education in modern society. The second chapter of the work presents the scientific bases of labor activity and the professional realization of man. Aerobics and its specific features are presented in Chapter Three. The modular education, its development and history at the University of Shumen complement its content. The successful model for student education and the subsequent analysis of the results of its implementation has given rise to the

development of normative tables for assessment of physical fitness presented in Chapter Four.

The various illustrative material from the means of aerobics - 65 figures is evidence of the practical application of the model. The indisputable contribution of the author of the habilitation thesis is in the continuous development of the sport - aerobics at the university and the rise of its popularity are the prize participation of students in aerobics marathons at the university and national level.

Teodora Ignatova participated in the competition with 26 articles, a significant part of which are in collections of scientific conferences and seminars of the University of Shumen with international participation and published in the University Yearbook and the prestigious magazine "Sociobrain", the authoritative magazine Sports and Science, periodicals of Sofia and the University of Ruse. A good attestation for the popularization of the candidate's research activity is the participation with articles in international conferences abroad.

The publications outline the main thematic areas of the candidate's research research:

- Sports in university (1, 4, 14, 16, 18, 20, 22, 23, 24, 26, 27).
- Theoretical and practical-methodical problems of physical education in the educational system (5, 6, 8, 9, 10, 11, 12, 13, 15).
- Medico-biological problems of physical education and sports (2, 3, 11, 19).
- Professional pedagogical image of the modern teacher (7, 17, 21, 25).

III. Evaluation of the contributions of the creative production submitted for participation in the competition.

A good certificate for holding the academic position of associate professor by Teodora Ignatova are not only the quantitative parameters of her publishing activity, but also her specific scientific-theoretical and practical-applied contributions.

As significant theoretical contributions can stand out:

- Optimization of the content of the university-wide curriculum in physical education and sports
- Development of a system for control and evaluation of the results in the discipline "Sport"
- Studies of European dance policies and practices for people with special needs have been carried out

Contributions of a practical nature:

- ✓ Created and tested in the higher school experimental methodology and model for psychophysical impact of students in the educational process of physical education and sports at the University of Shumen
- ✓ Created and tested training program on the model "Dances" for people with disabilities and implemented in European countries, partners in the international project Sports for All. It is applied in a textbook for promoting the physical activity of people with disabilities through sports

IV. Teaching activity of the candidate.

Over the years, Chief Assistant Dr. Teodora Zhelyazkova Ignatova leads practical and lecture classes for first and second year students majoring in POFV in basic gymnastics, gymnastics and methodology, aerobics, corrective gymnastics, practical exercises in current pedagogical practice and theory and methodology of physical education. She teaches "Rhythmics and Dances" for students in the bachelor's and master's programs in physical education. She has lecture courses in the disciplines: Sports Management and Applied Aspects of Kinesitherapy in Physical Education.

V. Critical remarks and recommendations.

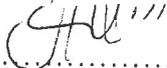
The accumulated theoretical and practical experience of Chief Assistant Dr. Teodora Zhelyazkova Ignatova is the basis for my recommendation to expand her publishing activities in prestigious Bulgarian scientific journals and specialized international publications, referenced and indexed in world-famous databases of scientific information.

VI. Conclusion.

Based on the review of scientific papers and the scientific contributions found in them, I state categorically my positive assessment of the opinion for holding the academic position announced in the competition "Associate Professor" by Chief Assistant Dr. Teodora Zhelyazkova Ignatova. The assessment is also substantiated by the adequacy of the documentation provided by the candidate to the requirements of ZRASRB, the Regulations for application of ZRASRB and the Regulations for the development of the academic staff

of the University of Shumen "Bishop Konstantin Preslavski". The achieved scientific-theoretical and scientific-applied results give me reason to convincingly recommend to the esteemed Scientific Jury to give a positive assessment of the candidacy and to propose to the Faculty Council of the Faculty of Pedagogy of Shumen University "Bishop Konstantin Preslavski" to choose Dr. Teodora. Zhelyazkova Ignatova for "Associate Professor" in the field of higher education 1. Pedagogical sciences, professional field 1.3. Pedagogy of teaching in....

02.11.2021

Prepared the opinion:.....

Shumen

Assoc. Prof. Dr. Teodora Nikolaeva Simeonova