

LIST¹

with summaries of the scientific papers of Assoc. Prof. Dr. Veselin Penchev Petkov
applicable to a 'professor' competition
in professional field 4.4. Earth sciences
(social geography, cultural tourism and regional development)
SG. Issue 41/03.06.2022

Monographs

1. **Petkov, V.**, Cultural Geography, University Publishing House "Ep. K. Preslavski", 2022, pages 178, ISBN: 978-619-201-612-8.

In recent years, attitudes towards geography have radically changed. From static and observational science, it is increasingly becoming social and "personal". It is starting to look at the spatial problems through the prism of the individual, and then "arranges the puzzle" of the general picture. This leads to the emergence of new branches in geography and in particular in Public geography.

Such branches are: geography of consumption, geography of sport, electoral geography, etc. These private branches of geography skillfully fit into the thematic "debris" of cultural geography.

The monograph "Cultural Geography" was created precisely for this. To give a new insight into the geographical knowledge, from a new vision to the regional sociocultural and demographic problems in the world and Bulgaria. It has been developed in several thematic aspects and at the beginning we introduce you to the theoretical productions and concepts in cultural geography. We then consistently look at civilizations as part of the main branch in this science, namely the Geography of Civilizations. We also give a new modern look at topical topics such as consumption geography, conflict geography, culinary geography, etc. These are all topics related to the social in which we live and personally touched by our desires, habits and cultural differences. We hope that this modern geography will build in the reader a new view of geographical knowledge, or as we all claim...: "it is the same geographical knowledge, but dressed in new robes".

As a first such study, it will not be devoid of incompleteness, omissions and imperfections. The author will treat every building opinion responsibly in order to build, shape and issue an even more modern edition in its next edition.

Articles in world databases (Scopus, Web of Science), indexed and referenced editions:

✓ *Articles in world databases:*

2. Penerliev, M., **Petkov, V.** Modern characteristics of Bulgarian border territories. Revista Inclusiones Vol: 7, Abril-Junio, Santiago, Chile, 2020, p. 205-212, ISSN 0719-4706, (indexing: **Web of Science**)

Border areas are an important part of the national geographical area of each country. They have the state border, cross-border opportunities and connections with neighboring countries. Often, they are an element of national security, given the fact that they are the location of military bases and facilities. In this context, it is important to characterize them as part of the hierarchical structure of the national geographical space, the development of settlements, the population and the specific border economy in them. This material attempts to

¹ Номерацията съответства на тази в електронните ресурси и хартиен носител

do exactly this. To enable highlighting important problems in the development of such "marginal" areas. Bulgarian border territories are all administrative municipalities with a direct border with our neighboring countries by land or river. These include maritime communities. In this topic, the border, sea and Danube regions are artificially divided. The Danubeones are essentially part of the border areas.

- 3.** Ibryamova S, **Petkov V**, Ignatova-Ivanova T, Kolev G. Social status and Gut Microbial Dysbiosis in adults and children with Autism Spectrum Disorders: a profound review of the available literature sources. J of IMAB. 2021 Jul-Sep;27(3):3939-3946. DOI: <https://doi.org/10.5272/jimab.2021273>. p. 3939-3946 (**indexing: Scopus**)

Autism is a complex disorder without a specific diagnosis, so the disease is defined by its specific characteristics described in the literature as cognitive defects, social, communication and behavioral problems, repetitive behaviors, unusual sensitivity to stimuli such as noise, restricted interests, and self stimulation. There are many models in the literature explaining the biology of autism, which are based on genetics, immunity, various environmental factors and diet. There is a lot of literature data that people with Autism Spectrum Disorders (ASD) often have gastrointestinal problems that also affect their behavior. ASD suffer developmental disabilities from an early age, which can be both physical and psychological. Often people suffer these problems even throughout their lives. This review aims to provide basic information on definitions, historical data, diagnostic methods, behavioral etiology, gastrointestinal and social problems in adults and children with ASD

✓ *Articles in indexed and referenced editions:*

- 4.** Dimitrov, Sl., Penerliev, M., **Petkov, V.**, Bello, R.. Natural and cultural heritage of UNESCO in Albania, Macedonia and Bulgaria as an opportunity for tourism development, Sociobrain, (online magazine), Issue 42, February, 2018, p. 29-44, ISSN 2367-5721, (Scientific Journal Impact Factor Impact Factor for 2018 = 5.507, Eurasian Scientific Journal Index Impact Factor for 2018 = 2.446, Cosmos Impact Factor for 2018 = 3.938, International Scientific Indexing, Scholar Article Impact Factor, Scientific Indexing Service, Impact Factor for 2018 = 2.446)

The paper studies the geographical distribution of the UNESCO-protected sites across the Balkan states. Some indicators for assessment of the territory's availability of such sites have been applied. On a comparative basis, natural and cultural sites under UNESCO protection in Albania, Macedonia and Bulgaria have been characterized. Basic substantiated conclusions and findings have also been made.

- 5.** **Petkov. V.** Culinary and cultural tourism – Points of intersection, Grandes problemáticas do Europeu, maio, University of Porto, Portugal, 2019, (CD edition), (indexing: Google scholar) in press – сертификат

The article investigates the opportunities for development of the culinary tourism as part of the cultural regional traditions of the territories. An attempt to assigning this type of tourism to the thematic range of the cultural tourism is made. A relation between them as mutually derivative types of tourist activities is sought.

The benefit of such synergetic actions for strengthening the regions role in terms of cultural identity and the preservation of local traditions and culture is shown. Cultural identity is the "pillar" of cultural tourism thus we accept culinary tourism as part of the cultural

tourism in Bulgaria. Taking into consideration the relatively small share of alternative types of tourism in our country, this can be a perspective for these often underpopulated and less attractive for tourists areas on the territory of the country, which have preserved their way of life and culture. On the other hand we consider these opportunities as an alternative for preserving the cultural identity of the Bulgarians. In this sense the turning to the past, to the roots of the differentiation of the ethnographic regions gives us the opportunity of preserving the authentic Bulgarian “culinary heritage”. It can be an unique new alternative resource for tourism. The return to roots is a tendency in Bulgarian life. A lot of cultural landmarks, rural territories with their unique culinary characteristics are visited. This could attach additional value to the already accepted alternative forms of tourism – rural, eco-, etc.

Nowadays information and travel are so easily accessible that the aim of a culinary trip can always be achieved. The aim may be visiting landmarks, a museum, or a travel for practicing culinary tourism – wine degustation or trying an unfamiliar delicious meal. There are renowned restaurants and wineries that can be visited worldwide. In Bulgaria this particular kind of tourism is still not popular, but there are definitely prerequisites for its development. Culinary tourism concentrates on pleasure and seeking of prepared food and drinks. More and more people these days show interest in trying attractive meals and beverages. Technically by the means of typical dishes and drinks it is possible to manifest the unique lifestyle, local culture and traditions. In Bulgaria there is an increase in the number of the events, part of the festival tourism. The popularity of the watermelon festival, cherry festival, gyuzleme festival is growing. The article seeks for a relation between the festival, cultural and culinary tourism. Inner cause-and-effect relations are grounded.

Culinary tourism is closely related to other specific types of tourism (wine, hunting, fishing, etc.) although it is not directly related to sightseeing, but a combination can be made. It is practiced unconsciously by everybody, but there is a conscious application when the trip is determined by a particular dish (group of dishes).

In terms of structure the article investigates the intra-branch differentiation of culinary tourism. According to the majority of the investigated authors culinary or food tourism is a specific type of tourism which includes gourmet tourism, gastronomy tourism, national cuisine tourism, etc.

6. P., Helena, M. Penerliev, L., Oliveira, **V. Petkov**, Seasonality in tourism: trends and good practices in Rio de Janeiro, Shumen and the Douro demarcated region – SocioBrains (online magazine), Issue 70, 2020, June, ISSN 2367-5721, p. 123-129, (Scientific Journal Impact Factor – 5,985 for 2019, Scholar Article Impact Factor

The world, this planet where we live, boosts a diversity of territories, landscapes and distinct dynamics, which we can see in urban centres, whether in large metropolises such as Rio de Janeiro (Brazil), or in small inland cities, like Shumen (Bulgaria), an urban centre surrounded by a fabulous heritage and history, as well as in rural spaces, such as the Douro Demarcated Region (NE Portugal). Regardless of the scale of analysis and the typology of scenarios scattered across the continents, there are a wealth of landscapes and economic, social, architectural, historical and cultural heritages that need to be bolstered, while preserving their specificities and their authenticity

7. Penerliev, M, **V. Petkov**, Current state of the urban network in Bulgaria, Espaço e Economia (Online), august 2020, Rio de Janeiro, Brazil, DOI: <https://doi.org/10.4000/espacoeconomia.13444>, ISSN: 2317-7837,1-12, LAT index,

The paper deals with the classification of urban settlements in Bulgaria in a historical-geographical aspect, focusing on the genesis and the formation of today's urban network in the country. The current state of the capital city, the small and the large cities have been revealed through certain examples. Those three groups of urban settlements develop at a different place, under different conditions and face an ambiguous future. In urbanization aspect, the agglomeration areas in Bulgaria have also been analyzed as specific spatial formations..

8. Petkov, V. Culinary aspects of territories and destinations - concepts and approaches, SocioBrains ISSN 2367-5721 (online), journal www.sociobrains.com issue 90, february 2022, Scientific Journal Impact Factor Impact Factor for 2018 = 5.507 , Eurasian Scientific Journal Index Impact Factor for 2018 = 2.446, Cosmos Impact Factor Impact Factor for 2018 = 3.938, International Scientific Indexing, Scholar Article Impact Factor, Scientific Indexing Service, Impact Factor for 2018 = 2.446)

This report discusses some of the concepts and approaches for characterizing the culinary differences in the given territories. A direct connection will be made between the ethno-religious peculiarities of the country, related to the culinary identity in the country. Traditional elements related to culinary regional differences will be highlighted. Different components of the territory connected with ethnographic features of communities, the related traditions and culinary differences will be considered, as they have been formed by different factors (geographical location, agriculture, religion, seasonality, etc.)

9. Petkov, V., M. Penerliev, Labour market condition in bulgaria during the COVID-19 pandemics through an analysis of the workforce supply, SocioBrains ISSN 2367-5721, sociobrains issn 2367-5721 (online), february 2022, Scientific Journal Impact Factor Impact Factor for 2018 = 5.507 , Eurasian Scientific Journal Index Impact Factor for 2018 = 2.446, Cosmos Impact Factor Impact Factor for 2018 = 3.938, International Scientific Indexing, Scholar Article Impact Factor, Scientific Indexing Service, Impact Factor for 2018 = 2.446)

The paper examines the major changes in the labor market since the start of the Covid-19 pandemic. The most affected industries are analyzed - tourism, healthcare and others. In spatial terms, the most affected administrative units and territories are indicated. The causes are analysed and possible solutions are identified. The development of pandemic situations globally makes the labor market unpredictable and highly susceptible to secondary influences. Some of the affected industries do not recover for a long period after the end of negative trends.

10. Penerliev, M., V. Petkov (2022). Influence of Covid-19 on the FMCG Industry, Journal "Careers", Vol. 2 (1), 5-11, indexing: CEEOL

The paper examines the phenomenon of fast-moving consumer goods (FMCG) in the context of their production and trade. The positive impact of the COVID19 pandemic on the FMCG industry has been analyzed. In most of its product portfolio, this type of industry has a beneficial effect in situations of various crises. A decrease has only been observed in a small part of the FMCG production.

11. V. Petkov, The questionnaire survey in geography, issue (23) until August 2022, Espaço e Economia (Online, Rio de Janeiro, Brazil, LAT index, (in press)

Survey research is one of the most commonly used field methods in research work. It is a unique and unified "tool" in seemingly disparate disciplines – investigation of public attitudes, of settlements and their population, of tourists, etc. In this study, we highlight the most important features when applied to research in the field of geography.

12. Petkov, V., Penerliev M., Cultural and wine tourism – opportunity for development of sustainable tourism in the Shumen region, National Round Table on „Sustainable wine tourism in the context of the green deal“, Agricultural University of Plovdiv, 2022, indexing - AGRIS/FAO, CAB Abstracts and EBSCO.

The paper examines the basic principles of sustainable tourism. An attempt is made to draw an analogy with the application of those principles in the Shumen region, through an analysis of cultural and cognitive tourism, and of the opportunities for the development of wine tourism. The cumulative effect of including a number of alternative forms of tourism into the general tourist mix increases the economic effect, the valorization, and respectively – increases sustainability in its various aspects. Although the region in discussion is saturated with cultural sites and represents a center of cultural tourism, that fact is not an obstacle to the development of wine tourism as well – given the socio-cultural, soil-climatic and the regional economic and demographic characteristics. It is such types of interrelations, which are in the focus of this study.

Publications in non-indexed publications

13. Petkov, V., Penerliev M., The Culinary Festivals – a prerequisite for preserving the local and national identity in Bulgaria, collection "Black Sea Tourist Forum Varna 2019", Publishing House „Slavena“, 2019, Varna, ISBN: 978-619-190-149-4.

Over time, the forms of manifestation of cultural-cognitive tourism become more specific, saturated with new ideas and content. Attitudes towards food are also changing. The trend towards the tourist's interest in an authentic "culinary place" is intensifying. It is part of the geographical or tourist image of the tourist destination concerned. At the same time, he is also one of the "guardians" of local life and culture. Its skillful presentation as part of culinary tourism is also an opportunity to preserve the local and national identity.

14. Penerliev, M., Petkov V., Sociocultural profile of tourists in Shumen region /empyrico-theoretical study/, Shumen, Publishing House "Incoma", 2019, ISBN 978-954-452-057-1pp. 44 (studios).

Since 2008, the World has witnessed the most powerful economic and financial crisis in recent decades. All agricultural sectors of national farms "experience" it by reducing all the economic parameters that world statistics monitor. Over the past two years, however, contrary to the general trend of maintaining negative indications of exiting the crisis, the tourism industry has grown. It translates into an increase in tourist arrivals since 2011 by an average of 4% on an annual basis. In 2018, the number of tourists exceeds 1.4 billion. (STO)¹. That's a 6% increase from the previous year. Against this positive background we should also explore the current state of Bulgarian tourism. Is this global trend also observed in our country? According to data of the National Statistical Institute (NSI) for 2018 Bulgaria was visited by 9.3 million foreign tourists. This is an increase of 4.4% compared to 2017. These data show that the development of tourism in Bulgaria is in line with the world trends. The regional statistics of the NSI also take into account the number of nights spent: one of the most accurate indicators, measuring the dynamics in the tourism industry. If we look at the

data for Shumen district, the following is noted: in 2010 there were 27,000 overnight persons, and for 2017 there are already 58,000 people (NSI, 2018). This makes double the growth in this indicator. This growth is indicative of the development of this industry in the region. Shumen is the center of the many years of cultural and historical memory of our entire country. The concentration of resources of this nature leads to the conclusions of the pre-mulsive development of cultural-cognitive tourism within its territorial scope. The stated growth in the realized nights in Shumen region can logically analyze as an increase in interest in this type of alternative tourism in the region. Therefore, the topicality of the theme in this material is even more significant. The proposed study is actually intended to "clarify" the picture in the profile of the tourist preferred to visit the sites in the Area. Given the leading share of cultural and cognitive tourism in the region, it becomes clear that this profile reveals above all the peculiarities of tourists practicing cultural-cognitive tourism. The study is based on generally accepted theorological models in research (including social, geographical, demographic, etc.). Their choice is predetermined by the purpose of the study, the possibility of conducting adequate field surveillance, not least the need for practical feasibility. The authors believe that this study is the first of its kind in our region. The characteristics of the tourist contingent used so far are largely "imported" from other publications that do not relate to the territory of Shumen region. Each field study is largely subjective given the preferred methods of analysis. What is proposed here does not claim completeness and does not involve the institutions in the region. It is an attempt to "expert help" to those involved in the tourism industry. All remarks and recommendations will be accepted with gratitude!

15. Penerliev, M., Markov, I., **Petkov, V.**, Do, M., Impact of tourism on pandemics (on the example of Covid – 19), Compendium of reports from a scientific conference organized by the College of Tourism – Burgas, 24-25 September, 2020, ISBN 978-619-7125-74-0.

The current public challenges related to the ongoing Covid-19 pandemic will resonate more and more in the social and economic life of countries and regions. Pandemics are adverse global events that strike first in terms of population mobility, and this is directly correlated with the tourism industry. This topic aims to analyze these processes on the example of the coronavirus pandemic in the spring and summer of 2020. The authors focus on a little-studied problem, namely the primary impact of the tourism industry on pandemics. A problem that is becoming more and more relevant in view of the mass transport and tourist arrivals.

16. Dimitrov, Sl., Penerliev M., **Petkov, V.**, Religious attractions such as tourist sites // Development of the Bulgarian and European economy – challenges and opportunities, Vol. 4, publishing house of Veliko Tarnovo University „St. St. Kiril and Methodius“, Veliko Tarnovo, 2020, ISSN: 2603-4093.

Religious tourism has developed very dynamically in recent decades. The product of religious tourism includes countless many religious attractions, which can be grouped in the following areas: sacred places and religious centers serving the purposes of religiously motivated pilgrimage visits; religious buildings and monuments that have both historical and architectural value; religious events and holidays (festivals, processions, rites, services, etc.); cult objects, souvenirs, sound carriers, books and others with religious themes. Bulgaria, as well as Veliko Tarnovo, have significant religious tourist resources.

17. Petkov, V., Dimitrov, Sl., Penerliev, M., Is culinary tourism an alternative? // Development of the Bulgarian and European economy – challenges and opportunities, volume 4, publishing house of Veliko Tarnovo University „St. St. Kiril and Methodius“, Veliko Tarnovo, 2020, ISSN: 2603-4093.

The development of each subspecies of alternative tourism is associated with time for its „evolution“ to an independent branch with its own characteristics, resources and established destinations. In this sense, culinary tourism is the same. To what extent is it still an additional service to another type of tourism or a separate sub-sector to alternative tourism? What is the situation on the Bulgarian tourist market? These are the main problematic issues in this article.

18. Penerliev, M., Petkov, V., Naydenov K., Professor Anastas Ishirkov and Dobrudzha – love and scientific activity, Publishing House Incoma-Shumen, 2020, ISBN:978-954-452-064-9

In 2020, Bulgaria celebrates 80 years since the conclusion of the Krayovska Agreement. On September 7, 1940, after several weeks of negotiations, in the Romanian city of Craiova, Romania returned to Bulgaria 7 565 km² of its uprooted territory in Southern Dobrudzha. Unfortunately, Northern Dobrudzha, even after the Liberation from Turkish slavery, remained a Romanian possession committed under the external influence of our northern neighbor. In the period up to, and after 1920, many Bulgarian scientists (and in particular geographers) used their authority and social status to sharpen attention on this suffering Bulgarian territory. A zealous defender of hers is also an Academic Prof. Anastas Ishirkov. In the following lines we offer a brief retrospective of his works for Dobrudzha. In a separate paragraph, we offer a rare edition of Prof. A. Ishirkov related to the preliminary preparation of the Bulgarian delegation to the Paris Peace Conference in 1919. It is in its original form and spelling and concerns the scientific views of the author on the single territory of Dobrudzha. For the convenience of the reader we also offer a complete bibliographical reference to the publications of Prof. Ishirkov for Dobrudzha.

19. Petkov, V., Penerliev, M., The Future of Tourism After the Pandemic – Estimates and Forecasts, Collection „Fourteenth Black Sea Tourism Forum“, Varna, April 2021, "Restart of Tourism – A New Hope", pp. 43-54, ISBN: 978-954-9741-45-2.

For more than a year, the world has been going through some of its most difficult times in centuries. The Covid-19 pandemic "overturned" notions of life, communications, work... This also applies to the most profitable sector of the world economy, namely tourism. In the following lines, our goal is to present the lessons and positively look to the future, when tourism will invariably experience its "restart". We do this with a brief analysis of the industry before the pandemic began and one at the time in order to have clear comparable horizons and starting points.

20. Penerliev, M., Petkov, V., Rodopi - ethnodemographic and cultural "bridge" in the Balkans, // Collection of reports from scientific round table 1-4 July, 2021, Madzharovo, Publishing House Incoma-Shumen, ISBN:978-954-452-070-0.

The development of territorial units in cultural-social terms is due to a number of combinations of favorable factors and events in time and space. Naturally, positive opportunities are often combined with limiting (restricted) factors. The impact of any positive or negative category and the society's capacity for impact on them are at the heart of positive

social development (demographic, social, economic, etc.). This material attempts to evaluate the Rhodope Mountains in this context. Both positive and negative trends in the absorption of the territory in different time ranges were evaluated.

21. Petkov, V., Penerliev M., Trendafilov F., COVID-19 – up-to-date geospatial analysis // Collection of Conference with international participation "Natural Sciences - 2021", 1-3 October, 2021, ISSN 2603-2937.

The report aims and seeks the spatio-temporal aspects of the growing Covid-19 Pandemic. Both the current situation by key indicators are analyzed, as well as a number of purely geographical aspects of this infection.

22. Penerliev, M., Petkov, V., About the need for geographical knowledge in the training of tourist staff. Fifteenth Black Sea Tourist Forum - Varna, 15-16 April 2022, publishing house PHIL, ISBN: 978-954-9741-49-0.

This material highlights some important concepts, ideas and approaches, which in purely geographical terms are part of theoretical science. Those that are fully applicable in the training of tourist staff in order to build a spatial view, general geographical knowledge and analytical skills have been selected.

23. Petkov, V., Penerliev, M., Slow Tourism, Slow foods, food tourism: alternative for rural regions in Bulgaria // Compendium of international scientific conference „Modern challenges for tourism“, May 2022, pp. 612-622, ISBN: 978-619-239-710-4.

In this article we highlight the features of slow tourism, the slow food movement, and food tourism. We clarify their strong interconnectedness and their beneficial effect on rural areas in Bulgaria. In the context of rural tourism, local life, culture and architecture, these movements in the tourism sector can be an additional stimulus in the development of these areas. This is a kind of alternative to alternative tourism!

24. Penerliev, M., Petkov, V., Demographic situation in Kirkovo municipality in the period 2011-2022, compendium of reports from scientific round table 30.06.2022 - 04.07.2022, "Cultural roads of the Balkans: Cultural tourism, concepts, careers", Kirkovo-Alexandroupolis, 2022, University Publishing House "Ep. K. Preslavski", Shumen, pp. 9-20, ISBN: 978-619-201-589-3.

Kirkovo Municipality is one of the few entirely rural municipalities in Bulgaria. Its geographical scope locates it in Kardzhali region, in the territory of the Eastern Rhodopes. Like mountainous, it is both border territory. As such, it can also serve as a model in the analyses of similar territories, both demographically and economically. In this sense, this material is the purpose.

Published chapter of collective monograph

25. Penerliev, M., Petkov, V., Geodemographic problems of Bulgaria. Number and movement of the population. Population structure // Compendium of materials for preparing students for a state examination in geography and regional policy, Part One, University Publishing House "Ep. K. Preslavsky", pp. 88-104, ISBN: 978-619-201-482-7.

The population with its labour resources is an extremely important factor for the territorial location and development of public production. Almost all the material and spiritual values necessary for the normal functioning of human society are created by men. However,

the population is not only a producer, but also a consumer of material and spiritual goods. In this sense, its most important characteristics, defining it as a factor for the development of the holding, are: its number and real labour resources, its gender-age structure, educational censorship, traditions, qualification, etc. The differences in the qualification and working habits of human resources directly affect the sectoral specialization of the farm of individual countries. The quantitative and qualitative characteristics of the population are determinative of the degree of socio-economic development of each country

26. Petkov, V., Regionalization of Bulgaria. Characteristic of the statistical, rural, mountainous and Black Sea territories of Bulgaria // Collection of materials for preparing students for a state exam in geography and regional policy, Part One, University Publishing House "Ep. K. Preslavsky", pp. 105-119, ISBN: 978-619-201-482-7.

The spatial organization of the geographical territory of Bulgaria is a process known from the "dawn" of geographical science in the country. Since then, there have also been attempts to regionalize settlements. Today, after Bulgaria's accession to the EU, the tasks in front of the common geographical and spatial regionalization become more and more responsible. New research and implementation of a scientific method and methodology comparable in all EU Member States is needed. In the face of demographic crisis and economic decline, the discovery of "problem" areas is an important mission of modern geographic science.

Published textbooks and teaching aids

27. Penerliev, M., Petkov, V., Collection of educational materials on Geography of population and settlements, Shumen, Publishing House "Incoma", 2018, ISBN: 978-954-452-051-9, pp. 77, A4.

In the current textbook on the discipline "Geography of the population and settlements" part of the thematic sections has been developed according to the current curriculum. It is studied in the 1th semester of the I course. Due to the specifics of university training and the very early nature of studying discipline here, it is necessary to give some thematic guidelines for working with this textbook.

The themes are developed in an identical scheme, giving at the beginning of each (where necessary) the definitions of the basic concepts related to the material studied. For this reason, no glossary of terms is available at the end of the textbook. We believe that a more successful study of the material from each topic will be a fact upon preliminary acquaintance with the poniatium apparatus.

In the course of each topic there are several peculiarities. An additional text is given in a special box. The aim is to make it popular, interesting to readers, but also to be thematically related to the studied matter. Be sure to meet him. It will only complement your ideas and give practical value to the acquired knowledge.

After some of the sub-themes in the relevant topic, there are tasks for self-work. These are the practical tasks that will strengthen knowledge, but will also bring you new skills such as working with geographical text, compiling geographic forecasts, analyzing statistics, and more. Their successful resolution will lead to the successful completion of the semester discipline exam.

At the end of each topic there are questions about knowledge verification. Their answer in "home" means that you have mastered the material from the topic well. If you don't have an answer to any of them, go back to the subject text, read it again, and then try again.

Again, at the end of the topic there are tasks for self-work. They are more generalizing than those in the grey carriage in the text. Some of them are developed teamwork and presented to the teachers as a course project. They show the level of knowledge mastery as well as the skills for their practical application. If you are struggling to implement them, seek counseling with the teachers.

The literature mentioned at the end of each topic is verified and available in the University Library. At the time of completion of this textbook, all the specified links and websites from the internet sources to each topic are active. By part of that literature, you should draw up a plan-spectacle.

Remember that successful preparation for a seed exam requires responsibility and perseverance. Success!

28. Penerliev, M., **Petkov, V.**, Compendium of teaching materials on the geography of the population, settlements and regions in Bulgaria, 2020, publishing house "Incoma", Shumen, pp. 75, A4, ISSN: 978-954-452-063-2.

In front of you is the third educational aid in the series "Collection of teaching materials by....". Following this on "Cultural Geography" (2017) and "Geography of Population and Settlements" (2018), this third Compendium comes with the aim of filling the gap of teaching aids in the field of public geography. Like the previous two, this was created to ensure the curriculum in subjects from the curricula of the specialties "Geography and Regional Policy", "Geography and Biology" and "History and Geography".

This Compendium follows the logic of the previous two editions. The topics are strictly defined in volume. They have both self-service tasks and a "carriage" with additional text in order to diversify the scientific style of the edition. At the end of each topic there is a form for seminar classes. Not only reinforces the basic knowledge of the topics, but also aims to develop new ones with the help of independent work with scientific texts and statistics.

This Compendium does not fully provide knowledge of the learning discipline you have studied. It is an addition, and in the course of working with the seminar forms, you will develop your own topics, you will acquire new information and skills you need for the successful presentation of the exam.

To a large extent, this helps build on your already known "Collection of educational materials in cultural geography" and "Collection of teaching materials in geography of populations and settlements". Therefore, you need to often go back to them and recall basic terms, concepts, and examples. They will also largely apply to the studied discipline "Geography of the population, settlements and regions in Bulgaria".

29. Penerliev, M., **Petkov, V.**, Collection of educational materials on Geography of Tourism of Bulgaria, Publishing House „Incoma“, Shumen, 2022, pp. 78, A4, ISBN:978-954-452-077-9.

In front of you is another training aid from our author's team. Then by Cultural Geography, Geography of the Population and Geography of The Population and Regions in Bulgaria, here we prepared a series of topics related to the current problems of the geography of tourism in Bulgaria.

The collection is tailored to the curricula in the disciplines Geography of Tourism (in the specialties "History and Geography" and "Geography and Biology") and Tourism Resources of Bulgaria (for master's program "Language Service of Tourism and Business").

In this regard, we authors are obliged to make the following important clarifications, which you should consider for your successful presentation of the seed exam the relevant discipline:

1. The topics are precisely defined in volume. They correspond time to the set school hours in the Curriculum.

2. Topics are only an addition to your theoretical training. You will often have to develop your own or teacher-ed topics (or parts of them) that are part of your exam questionnaire. For this purpose, special tasks from the Workshop Form are included.

3. Do not neglect the tasks of the Seminary Stationery. They give you additional knowledge, as well as expand the thematic informativeness of the topic preceding them.

4. Conscientiously familiarise yourself with the recommended literature. It is specially selected for you and is available in either the University Library or the lecturers.

For you curious readers, this training aid will be a good "dive" in the problems and achievements of Bulgarian tourism. You will research for new destinations, resources and types of tourism. You will be able to more convincingly make your itineraries for unforgettable journeys.

This edition will have its drawbacks. It is not intended, and it is practically impossible to reflect all aspects of the geography of tourism. The limitations placed by the authors in the volume of subjects is a sought-after effect. Anyone tempted by the theme can enrich their knowledge after familiarizing themselves with the proposed literary reference at the end of the helper.

30. Petkov, V., Compendium of teaching materials for additional preparation in public geography (part one), University Publishing House "Ep. K. Preslavski", 2022, pp. 84, ISBN: 978-619-201-608-1.

In the current teaching aids "Compendium of teaching materials for additional preparation in public geography – (part one)" and "Collection of teaching materials for additional preparation in public geography – (part two)" a total of eleven topics have been developed. The various theoretical topics address issues such as geographical districting, planning areas in Bulgaria, ethnographic features of the territories in Bulgaria, geoglobal problems such as conflict geography and pandemic geography, and a number of topical topics concerning public geography. Some of the topics are of practical-applied value, examining the survey of the population and settlements in Bulgaria, the Bulgarian diaspora, folklore differences in the territories and others. Current statistics from official sources (GRAO Office, National Statistical Institute (NSI), Eurostat, WHO, etc. are used.

The teaching aids were developed for students from the specialty "Geography and Regional Policy", "Geography and Biology", "Geography and History", "Tourism", as well as master's programs "Geographers and Interactive Education", "Applied Geography and GIS", "Regional Development and Tourism", "Kraescience". Its main goal is to present modern and up-to-date topics from public geography, which will serve as additional training to the already studied subjects.

31. Petkov, V., Compendium of educational materials for additional preparation in public geography (part two), University Publishing House "Ep. K. Preslavsky", 2022, pp. 80, ISBN 978-619-201-609-8.

In the current teaching aids "Compendium of teaching materials for additional preparation in public geography – (part one)" and "Collection of teaching materials for additional preparation in public geography – (part two)" a total of eleven topics have been developed. The various theoretical topics address issues such as geographical districting, planning areas in Bulgaria, ethnographic features of the territories in Bulgaria, geoglobal problems such as conflict geography and pandemic geography, and a number of topical topics concerning public geography. The second part of the topics of the educational aid are of practical-applied value, examining the survey of the population and settlements in Bulgaria, the Bulgarian diasporas, folklore differences in the territories, analyze the global rodents with a reflection of society and others.

The teaching aids were developed for students from the specialty "Geography and Regional Policy", "Geography and Biology", "Geography and History", "Tourism", as well as master's programs "Geographers and Interactive Education", "Applied Geography and GIS", "Regional Development and Tourism", "Kraescience". Its main goal is to present modern and up-to-date topics from public geography, which will serve as additional training to the already studied subjects.

32. Petkov, V., Indicative routes for conducting field practices in public geography, University Publishing House "Ep. K. Preslavski", 2022, ISBN: 978-619-201-615-9, pp. 116.

This textbook appears as an attempt to fill the gap in such publications treating subjects in the curriculum in geography training for the conduct of field geographical practices.

It presents several options (routes) for terrain geographical practices in public geography. They're time-based. The author also offers a thematic route for such, as well as methodological guidelines and options for conducting initial field research. Thus, the proposed routes do not exhaust the huge palette of opportunities for destinations, sites and territories that are subject to different geographical trips. Rather, they are an opportunity for exemplary (model) ones on which to build new and thematically different geographical journeys.

In addition to the proposed routes, the edition also has short theoretical-methodological themes related to the general positions in the proposed topic.

The publication is consistent with the curricula, duration and scope of the surveyed territory in conducting educational-geographical practices in public geography for students from the specialties "Geography and Regional Policy", "History and Geography", "Geography and Biology", etc. It would also benefit geographer students from other Higher Education institutions, as well as teachers and all those tempted by geographical travels and cruises.

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Shumen

Assoc. Prof. Dr. Veselin Petkov.....

